

# perspectives

fall 2010

a health and wellness magazine of Hallmark Health System

Lawrence Memorial Hospital of Medford  
Melrose-Wakefield Hospital



**“OUR ORGANIZATION IS EXCITED THAT HALLMARK HEALTH HAS AGREED TO BECOME THE OFFICIAL HEALTHCARE PARTNER OF THE BOSTON BRUINS. IT IS A WINNING COMBINATION.”**

— Cam Neely, former Bruins star and President of the Bruins organization

## From the CEO

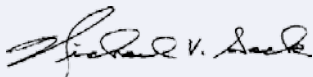
### WELCOME TO THE FALL ISSUE OF

*Perspectives*, our quarterly health and wellness magazine designed to give you informative updates on healthcare policy and delivery developments as priorities within Hallmark Health System. Hallmark Health is one of the most technologically advanced community health systems in the region comprised of two outstanding hospitals: Lawrence Memorial Hospital of Medford and Melrose-Wakefield Hospital as well as the Hallmark Health Cancer Center in Stoneham, the Hallmark Health Medical Center for outpatient care in Reading, the Lawrence Memorial/Regis College School of Nursing which is a Center of Excellence, and our nationally recognized VNA and Hospice program in Malden. Throughout our system, you will find highly skilled physicians and nurses who offer exceptional care and are committed to achieving clinical excellence, every day.

You probably noticed the Boston Bruin's logo on the *Perspectives* cover and are curious about our new association. As you will read in greater detail on the next page, we are very proud that Hallmark Health is the only healthcare provider in Massachusetts selected as the Official Healthcare Partner of the Boston Bruins. We are looking forward to working closely with this storied hockey franchise on a number of health and community initiatives. These programs may include working to prevent athletic injuries in youth hockey players to sponsoring educational programs for area coaches and athletic trainers. Hallmark Health and the Bruins choose to use their combined strength to promote excellence in athletic endeavors and in healthcare throughout our communities. It is a partnership which will be helpful and enjoyable as both organizations work together. More details on the Hallmark Health/Boston Bruins partnership will be released in the months ahead.

In this issue you will also learn more about our comprehensive health services for women. Our vast array of services treat both routine and complex medical conditions, in some cases using the latest minimally invasive surgical procedures and in all cases, promoting compassionate and personal care. There is also a special feature about the growing array of comprehensive and compassionate services provided by the Hallmark Health Visiting Nurse Association and Hospice program.

If Hallmark Health is your healthcare provider, thank you for your ongoing support. Please alert your neighbors and friends about the excellent care we provide. If you are new to the area and looking for an excellent physician, please visit [www.hallmarkhealth.org](http://www.hallmarkhealth.org) to learn more about our physicians and superior healthcare services.



Michael V. Sack, FACHE  
President and Chief Executive Officer  
HALLMARK HEALTH SYSTEM



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The information in *Perspectives* is not a substitute for medical advice or professional medical care. If you have a question about your health, please consult your physician.

If you do not wish to receive this newsletter, please call (781) 979-3239 and ask to be removed from our mailing list.

### What is Hallmark Health?

Hallmark Health System is the premier, charitable provider of vital health services to Boston's northern communities. The system includes Lawrence Memorial Hospital of Medford; Melrose-Wakefield Hospital, Melrose; Hallmark Health Cancer Center, Stoneham; The CHEM Center for MRI, Stoneham; The CHEM Center for Radiation Oncology, Stoneham; Hallmark Health Medical Center, Reading; Hallmark Health VNA and Hospice, Malden; Lawrence Memorial/Regis College Nursing and Radiography Programs, Medford and Hallmark Health Medical Associates, Inc. Hallmark Health is affiliated with Massachusetts General Hospital for cardiology and Tufts Medical Center for neonatology.

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Janet Stearns, page 10

fall 2010

# A winning combination: Hallmark Health named 'Official Healthcare Partner of the Boston Bruins'

## HALLMARK HEALTH, A MAJOR LEAGUE

provider of quality and advanced community healthcare, is proud to announce it recently joined forces with one of Boston's major sports teams — the Boston Bruins. The agreement between the two organizations makes Hallmark Health the "Official Healthcare Partner of the Boston Bruins" for the next three years.

The partnership is a natural fit for both Hallmark Health and the Bruins. The local healthcare system's exceptional orthopedic surgeons and premier Bone & Joint Program provides advanced care to patients of all ages, treating orthopedic injuries and diseases including sports-related injuries. Olympic Hockey Gold Medal winner Mike Eruzione and his family, who have had orthopedic procedures performed at Melrose-Wakefield Hospital, describe the care he and his family have received as "spectacular."

"We are proud and honored to be selected as the official healthcare partner of the Boston Bruins," said Michael V. Sack, President and Chief Executive Officer of Hallmark Health. "So many of our patients, employees, community partners and neighbors are avid hockey fans, which makes this partnership so exciting for them and for us. Inviting Hallmark Health to be the Bruins' healthcare partner speaks volumes about the trust the Bruins have in the quality and advanced healthcare we provide."

As the official healthcare partner of the Bruins, Hallmark Health and the Bruins will conduct various community outreach activities and special healthcare programs in the concourse level of the TD Garden prior to select home games.

"We look forward to partnering with the Bruins on a number of health related issues that may range from preventing athletic injuries in youth hockey players to sponsoring special educational programs for coaches and athletic trainers on identifying and preventing concussions in their players," added Sack.

Cam Neely, former Bruins star and President of the Bruins organization, believes the partnership between his team and Hallmark Health is a natural fit.



Michael V. Sack, President and Chief Executive Officer of Hallmark Health (l), with former Bruins stars, Cam Neely, President of the Boston Bruins and Bob Sweeney, Director of Development of the Boston Bruins Foundation.

"Our organization is excited that Hallmark Health has agreed to become the official healthcare partner of the Boston Bruins," Neely said. "It is a winning combination."

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### **i** For more information

To learn more about the services and programs offered throughout Hallmark Health, visit [www.hallmarkhealth.org](http://www.hallmarkhealth.org) and select "Medical Services."

# 'All I could think about was my wife, my three kids'

IT WAS A USUAL SUNDAY for 46-year-old Mark Stackhouse of Wakefield. He was watching TV and planning to go shopping for his wife. "I stepped off the front stoop and felt something weird, but didn't give it much thought," said Stackhouse.

"While driving, I felt like someone was putting a fist in my chest."

His wife, Linda, called his cell with some additions to the shopping list and Stackhouse mentioned that he felt funny and thought he was going to be sick. Linda jumped in her car to meet her husband. When she arrived he looked awful and was experiencing shortness of breath.

"Since we were near a fire station, I pulled in," said Linda. The firefighters put oxygen on Stackhouse and called for an ambulance.

In the back of his mind, Stackhouse wondered if he was having a heart attack, but didn't think it was possible. He was young, active, tall and lean.

"When the EMTs said, 'Sir, you're having a heart attack,' all I could think about was my wife, my three kids," said Stackhouse.

The staff in Melrose-Wakefield Hospital's Emergency Department (ED) was waiting for Stackhouse and quickly transported him to the Cardiac & Endovascular Center where he underwent angioplasty to open up an artery that was 100% blocked. The time from Stackhouse's arrival to recovery in the ICU took just 61 minutes.

"If I'd gone to another hospital in the area, I would have had to wait for a cardiologist to arrive, but because Hallmark Health has the Cardiac & Endovascular Center, I got fast and exceptional care," said Stackhouse.

National guidelines recommend no more than 90 minutes between a patient arriving at the ED and receiving angioplasty. These quick door-to-balloon times consistently occur at Melrose-Wakefield Hospital (MWH). Steven Sbardella, MD, Chairman of the Department of Emergency Medicine, explains that ED and cardiology teams follow a multidisciplinary approach and keep in close contact so patients move efficiently through the system to receive sophisticated life-saving care.

When Stackhouse returned home, he continued his recuperation with Hallmark Health's Cardiac Rehabilitation Program, where he said the staff rebuilt his strength and confidence.

"The staff at Cardiac Rehab made me realize that I could live a normal life," said Stackhouse. "I was lucky. There was an angel on my shoulder. I owe so much to Hallmark Health."

Members of the Cardiac Rehabilitation team, Ashley Penfield, EP, (l.), Jerry Neistadt, PT and Virginia Verge, RN and Mark Stackhouse, of Wakefield. Mark participates in a weekly cardiac maintenance program.



## **i** For more information

To learn more about the Cardiac & Endovascular Center, visit [www.hallmarkhealth.org](http://www.hallmarkhealth.org) and select "Medical Services."

# Experts recommend annual mammograms for women

EVERY 69 SECONDS A WOMAN DIES OF BREAST CANCER. The American Cancer Society and many leading medical and women's health organizations strongly recommend that women start their annual mammogram screenings at 40. Early detection of breast cancer — by a mammogram before a cancer can be felt — can save lives.

Catherine Tucker, MD, a breast surgeon at Hallmark Health who specializes in breast health, stresses that pre-cancer screening is “crucial” and that the best chance of survival is early detection. “I still recommend that women have a mammogram by age 40 and continue to have them throughout their lives,” she said. “Virtually, every woman is at risk of getting breast cancer.”

Cristina Holt, MD, a Hallmark Health Medical Associates physician, has a personal experience. “During the 10 years I had been practicing primary care medicine, I advised many women at average risk for breast cancer to get their first screening mammogram at age 40, never imagining that I would be diagnosed with invasive breast cancer when I went for mine. Seven days after my 40th birthday on my first screening mammogram, a Hallmark Health radiologist saw the cancer,” she explained.

The Hallmark Health radiologist caught the aggressive cancer despite no visible sign or family history. Dr. Holt had seemingly done everything right. She exercised often, had children at a younger age and never smoked.

“If you are a 40-year-old woman, you are at risk for breast cancer. Please call today to schedule your screening mammogram. It might save your life,” Dr. Holt advised.

Hallmark Health makes it easy for women to schedule their digital mammograms with convenient locations and times in Melrose, Malden, Medford and Reading. Our mammographers are licensed by the state of Massachusetts and registered by the

American Registry of Radiological Technologists. All of Hallmark Health's mammography sites are licensed by the state and accredited by the American College of Radiology. All exams are read by board-certified radiologists with a combined experience of more than 75 years. This means the highest quality and most respectful care possible.

To schedule your annual mammogram, please call our Central Scheduling Department at (781) 338-7111 between 8 a.m. and 5 p.m., Monday — Thursday or on Friday from 8 a.m. — 4 p.m. You may also request an appointment online by visiting [www.hallmarkhealth.org](http://www.hallmarkhealth.org) and selecting “Request a Screening Mammogram” under the “Quick Links” section. Mammography appointments are available early morning and evening, but vary by location.

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## **i** For more information

To learn more about Hallmark Health's Diagnostic Imaging, visit [www.hallmarkhealth.org](http://www.hallmarkhealth.org) and select “Diagnostic Imaging” under “Medical Services.”





# Hallmark Health offers full array of services, programs for women

**AT HALLMARK HEALTH WE HAVE WHAT WOMEN WANT,** exceptional physicians and nurses bringing advanced care to women of all ages. Whether you are looking for a special place to welcome your baby into the world, are in your 40s and need a mammogram or suffer from heart disease — Hallmark Health has what you need.

Hallmark Health understands the specific healthcare needs of women and has put the clinical experts and advanced technologies in place to accommodate them. Our vast array of services and programs for women treat both routine and complex medical conditions at Lawrence Memorial Hospital of Medford, Melrose-Wakefield Hospital and many convenient outpatient centers throughout the region.

## Heart disease

Many women do not realize it, but heart disease is the number one killer of women in the United States. With more than 250,000 heart attack deaths each year, six times as many women die from heart disease than from breast cancer.

Hallmark Health recognizes these dangerous statistics and has established specific services and education programs for women to improve their heart health. For the past four years our medical staff has hosted an annual Women and Heart Disease Seminar: HeartSense for Women. This event includes a presentation by a Hallmark Health cardiologist, an opportunity to have one-on-one consultations with registered dietitians and pharmacists as well as free blood pressure, body mass index and heart healthy screenings.



Embolization (UFE). UFE is a safe, effective therapeutic alternative to traditional surgical techniques such as hysterectomy or myomectomy in the treatment of symptomatic fibroids. UFE requires only small incisions, no stitches, overnight hospital stay and brief recovery period.

### Breast health

The best defense against breast cancer is early detection. Hallmark Health is at the forefront of breast health offering the most advanced diagnostic and digital imaging technologies delivered in a personal, caring and compassionate environment. These include digital mammography, breast ultrasound, stereotactic and ultrasound-guided biopsies, breast cyst and fine needle aspirations, needle localizations, galactography, sentinel node studies, breast MRI and breast MRI-guided biopsies. Our imaging technologies offer the clearest, most detailed images available today. Our radiologists are board-certified and have been trained at the best medical and teaching hospitals in the country.

Thanks to a sizable grant from the Massachusetts Affiliate of Susan G. Komen for the Cure®, Hallmark Health will continue its commitment to breast health this year by offering a three-part education and support program meant to serve women in Burlington, Everett, Malden, Medford, Melrose, North Reading, Reading, Stoneham, Wakefield, Wilmington, Winchester and Woburn.

The generous funding will allow Hallmark Health to educate young women, 20 to 39 years old, about the importance of breast health and breast cancer prevention strategies. By targeting women at an early age, Hallmark Health hopes that more women will gain the knowledge they need to ensure good breast health and bring us one step closer to decreasing breast cancer cases in our area.

### Bone density

Hallmark Health also makes getting a bone density scan easy and convenient for women. This test assesses bone health and is recommended for all women over 65 years of age or younger if they have certain risk factors. The test is a simple, non-invasive procedure that takes minutes and can be conducted at three convenient locations, Medford, Melrose and Reading. Speak with your physician about scheduling a bone density exam.

### Cardiovascular and endovascular diseases

Women who choose Hallmark Health for their healthcare have access to the region's only cardiac and endovascular center. Located at Melrose-Wakefield Hospital, this Center houses an elite team of physicians who use the most advanced treatment options that used to only be performed at academic medical centers in Boston. These procedures include cardiac catheterizations, angioplasty and non-invasive cardiac testing. In addition, the Center treats vascular problems that include circulatory problems and blood vessel blockages. It also offers cardiac rehabilitation.

### Uterine fibroids

Approximately 20 to 30% of women ages 35 to 55 have uterine fibroids and many can now be effectively treated with a minimally invasive technique called Uterine Fibroid

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#### **i** For more information

To learn more about women's health services throughout Hallmark Health, visit [www.hallmarkhealth.org](http://www.hallmarkhealth.org) and select "Medical Services."

# Dr. William Doherty

## Hallmark Health Chief Medical Officer



William Doherty, MD

### WILLIAM DOHERTY, MD, IS THE NEW SYSTEM

Vice President and Chief Medical Officer for Hallmark Health. He has been actively involved with Hallmark Health for nearly two decades, serving as a distinguished orthopedic surgeon who received his medical degree from Georgetown University School of Medicine. While serving as Chief Medical Officer, Dr. Doherty will also continue to practice orthopedic medicine focusing on adult reconstruction of the hip, knee and shoulder.

Dr. Doherty is proud of the advanced level of care and safety that Hallmark Health physicians consistently provide to their patients. Hallmark Health physicians trained at the country's top medical schools and teaching hospitals and bring an exceptional level of care to their patients. Our physicians can practice at any hospital in the state, but they chose to practice at Hallmark Health because they want to be part of a medical and clinical team who are committed to excellence.

"The expertise of our medical staff is very impressive," Dr. Doherty observed. "Our physicians cover a wide spectrum of medical specialties and combine competency with compassion to assure patients receive care which meets the most rigorous medical standards."

To ensure each patient receives the highest quality medical care, Hallmark Health physicians collaborate as a team, bringing together the expertise of physician specialists and other caregivers at both Hallmark Health hospitals and outpatient centers. Physicians have access to the most advanced diagnostic and treatment technologies and electronic medical records that rival those found at leading teaching hospitals.

"When it comes to your health, or the health of your family, you will want to select the doctors and hospitals that provide the best level of care. As the Chief Medical Officer for Hallmark Health, I can say with confidence that our physicians practice with the highest standard of clinical excellence. Our patients deserve no less," he added.

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### **i** For more information

To find a Hallmark Health physician, visit [www.hallmarkhealth.org](http://www.hallmarkhealth.org) and select "Find a Physician" or call (800) 540-9191.

# Hallmark Health VNA and Hospice

## The finest care only a community partner can provide

FOR MORE THAN A CENTURY, the Hallmark Health Visiting Nurse Association and Hospice has provided outstanding care and comfort to individuals and families in 23 cities and towns in the north suburban Boston region. Recognized as one of the premier home health agencies in the state, this fully accredited agency has taken high tech equipment and a highly trained staff — once available only in a hospital— and brought them to a home setting. Through specialized programs, Hallmark Health VNA and Hospice is on the forefront of innovation, developing new and exciting services to meet the individual needs of patients and families. They seek to improve the quality of life for patients and their families by attentively responding to their physical and emotional needs.

According to Diane Farragher-Smith, RN, MBA, MSN, System Vice President for Home Care and Community Services, Hallmark Health System, “We believe our team approach to care, which includes the patient, the patient’s caregivers, physicians and the entire clinical team, allows us to obtain the best possible outcomes. We achieve this by hiring the most qualified staff and by keeping pace with technology while listening closely and responding to our patients and their caregivers.”

Hallmark Health VNA and Hospice was one of the first agencies in Massachusetts to develop a Palliative Care/Bridge Program that provides specialized care management to patients and families living with a life-threatening or severe advanced illness. The agency has also been a leader in reducing re-hospitalization through its Telemonitoring Program which utilizes wireless technology to monitor patient vital signs and provides early detection of changes in health status. Other specialty programs include diabetes, congestive heart failure, coronary artery disease, pulmonary disease, skin and wound care, joint replacement, Alzheimer’s Disease, maternal/child health and a fully licensed hospice program. The agency offers community outreach programs, bereavement and caregiver support groups.

“Our professional staff has a wealth of healthcare and community service experience. Many of them grew up in this area and have strong ties to the community,” Janet Schweitzer, Director of Program Development, explained. “They are tireless advocates for the families we serve.”

The Hallmark Health VNA and Hospice has consistently been named to HomeCare Elite, a national compilation of the top-performing home health agencies in the country and recognized by MassPro, the state’s Medicare quality improvement organization, for the high quality of its clinical care. This spring, the program scored in the 98th percentile in national patient satisfaction scores measured by an independent firm that measures quality of care.

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### **i** For more information

To learn more about the Hallmark Health VNA and Hospice Program, visit [www.hallmarkhealthhomecare.org](http://www.hallmarkhealthhomecare.org) or call (781) 338-7903.



Winfred Nugent of Malden gets assistance in her home from Home Health Aide Ydelgade Alceus.

# Hallmark Happenings

## New surgery introduced that leaves patients scar free



Andras Sandor, MD

A major concern for many surgical patients is the type of scarring they may experience after surgery. Thanks to a new procedure recently introduced at Lawrence Memorial Hospital of Medford that is no longer a concern for some patients.

Andras Sandor, MD, Chief of Surgery at Lawrence Memorial Hospital of Medford, is performing a new type of gallbladder removal surgery, Single Incision Laparoscopic (SILS) procedure that leaves virtually no scars. This procedure removes the gallbladder through a small incision in the belly button and as a result the scar from the procedure is hidden.

"We are very proud to be the first hospital in the region to offer this next generation procedure to our patients," said Dr. Sandor. "My patients have done very well with this new procedure. They have all gone home the same day that they had the surgery."

Like other laparoscopic procedures the benefits of the SILS procedure include a shorter length of stay, less pain and less need for pain medication. The procedure also allows patients to get back to work and regular life sooner.

Dr. Sandor is board-certified in general surgery and has a special interest in advanced laparoscopic procedures. In addition to performing the SILS procedure, Dr. Sandor also performs laparoscopic weight loss surgery including gastric bypass and Lap Band surgeries at Lawrence Memorial Hospital of Medford. He has been approved by the American Society for Metabolic and Bariatric Surgery and Surgical Review Corporation as a Bariatric Center of Excellence designee.

*For more information on Dr. Sandor or our other excellent surgeons, visit [www.hallmarkhealth.org](http://www.hallmarkhealth.org) and select "Advanced Physician Search."*

## With stroke, every second counts

Stroke is the third leading cause of death in the United States. More than 700,000 Americans suffer a stroke each year. The good news is that if you get the right medical care at the first symptoms of a stroke, your chances for a positive outcome greatly increase.

Hallmark Health is close by and at the ready should you or someone in your family suffer a stroke. Both Melrose-Wakefield Hospital and Lawrence Memorial Hospital of Medford are designated by the Massachusetts Department of Public Health as Primary Stroke Service Hospitals. This means that these hospitals are staffed with physicians and nurses who specialize in stroke and have the essential diagnostic tools and medications close at hand to provide early intervention and the right care to stroke victims.

What can you do to prevent stroke? Know stroke's warning signs (see graphic) and take steps to control stroke risk factors. These include controlling high blood pressure and diabetes, quitting smoking and eating healthier.

## Is it a Stroke? Check these signs **FAST!**

### Face



Does the **face** look uneven?

### Arm



Does one **arm** drift down?

### Speech



Does their **speech** sound strange?

### Time



It's **time** to call 9-1-1!



## Hallmark Health Annual Gala a huge success

Hosting a sellout crowd, Hallmark Health held its 3<sup>rd</sup> Annual Gala & Auction on Saturday, Sept. 25 at the Royal Sonesta Hotel in Cambridge. Proceeds from this special evening benefited the Hallmark Health Cancer Center and brought Hallmark Health closer to developing a boutique at the Center that can fit patients for wigs, scarves, hats and prosthetics in a convenient, dignified and compassionate setting.

Michael V. Sack, President and Chief Executive Officer of Hallmark Health and Donna West, Chair of the Board of Trustees, presented three Hallmark Health Hero Awards. These awards are presented annually to individuals who through their work and dedication share the mission, vision and values of Hallmark Health.

Pictured in the photo are: Donna West, (l.), Chair of the Board of Trustees; the three Hero Award winners, Dennis Cataldo, Vice President of Cataldo Ambulance Service; Robert Harney, MD, orthopedic surgeon and Edith Foley, longtime volunteer at the Lawrence Memorial Hospital Gift Shop with Michael V. Sack, President and Chief Executive Officer, Hallmark Health.

*For more information, visit [www.hallmarkhealth.org](http://www.hallmarkhealth.org) and select "Giving and Getting Involved" or call the Development Office at (781) 979-6100.*

# Hallmark Happenings



Mary Benson, (L.), Parenting Peer Counselor for the North Suburban WIC Program, points out some of the baby clothes and other essentials that are offered through the “Mothers Helping Mothers” program to a local mother.

## ‘Mothers Helping Mothers’ Family Assistance Program

Since 2006, the North Suburban Women, Infants and Children (WIC) Nutrition program has sponsored the “Mothers Helping Mothers” Family Assistance Program. This Hallmark Health program provides used maternity, baby and children’s clothes and other baby essentials such as bathtubs, swings and blankets to those who need them. All of the items donated to the program are collected from local families for distribution to other needy families within the same region. Families return the used items when they are no longer needed. This exchange of resources allows families from all socio-economic groups to “give back” to their communities. The service is free and covers the communities of Everett, Malden, Medford, Melrose, North Reading, Reading, Stoneham and Wakefield. The program is by appointment only and located at Hallmark Health’s 239 Commercial St., Malden location.

The program was founded in 2005 by Karen Andrews, a long-term member of the North Suburban Child and Family Resource Network (NSCFRN), who discovered there was a tremendous need for these services. The North Suburban WIC program took over the day-to-day management of the program when it was large enough to require its own space and regular operating hours.

Today this wonderful program serves more than 500 families annually. In addition to referrals from the NSCFRN and the North Suburban WIC program, the Mothers Helping Mothers program assists families from more than 30 other agencies.

***For more information or to schedule an appointment, call (781) 338-7579.***

## Dr. McPhee joins Hallmark Health medical staff

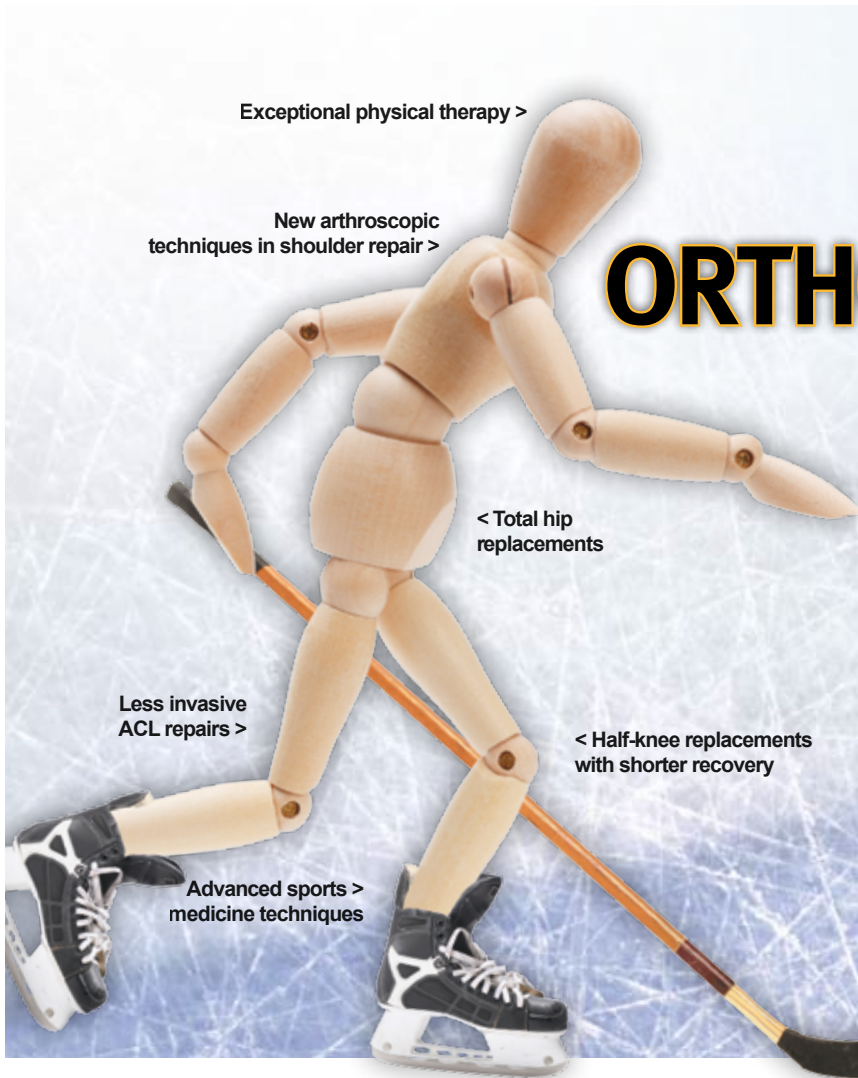
Erika McPhee, MD, is a fellowship-trained orthopedic hand surgeon. She earned her undergraduate degree at Duke University and completed her medical training, orthopedic residency and hand surgery fellowship at the University of Massachusetts Medical School.

Dr. McPhee specializes in treating adult and pediatric patients with hand, elbow or upper extremity issues including carpal tunnel syndrome, tendonitis, arthritic conditions and fractures as well as hand and wrist strain injuries.

***Dr. McPhee has joined Orthopedic Surgery, Inc., 92 Montvale Ave., in Stoneham. Her phone number is (781) 279-7040.***



Erika McPhee, MD



Exceptional physical therapy >

New arthroscopic techniques in shoulder repair >

< Total hip replacements

Less invasive ACL repairs >

< Half-knee replacements with shorter recovery

Advanced sports > medicine techniques

# THE FINEST ORTHOPEDIC TEAM JUST JOINED FORCES WITH THE FINEST HOCKEY TEAM.

THE BONE & JOINT PROGRAM

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